

CHEF'S CHOICES

Volcano Roll - 4pc | R65

Tempura prawn, Avo & Cream cheese California Roll, topped with spring onion, 7 spice, mayo & sweet chilli sauce

Prawn Tempura - 3pc | R55

3 Deep fried prawns served with sweet chilli sauce

The Business End - 4pc | R82

Prawn tempura & cream cheese California roll, topped with smoked salmon, dynamite sauce, teriyaki sauce, caviar & spring onion

911 - 4pc | R60

Tuna, Avo & Cucumber California Roll, topped with Tuna & Crispy onion dressed with Mayo, Yummy sauce & Sriracha sauce

KFC Roll - 4pc | R55

Seasoned crispy chicken, cucumber & Avo California Roll, topped with Avo, black pepper, sesame oil, yummy sauce & spring onion

Strawberry Blaze - 4pc | R60

Cream cheese & strawberry california roll, topped with mayo, condensed milk & seven spice

LUNCH BOXES

Yummy Box | R165

4 Mystery Rolls | 4 Dragon Rolls | 4 Avo Maki

Mc Cartney Box | R130

4 Avo Maki | 4 Veg Fashion Sandwich | 4 Veg California Roll

Cash Box | R180

3 Salmon Sashimi | 4 Salmon Fashion Sandwich | 4 Salmon & Cheese California

Jackson Box | R175

4 Paul's Prawn | 2 Salmon Roses | 3 Prawn Tempura

Scrumptious Box | R175

4 Salmon Crunch | 2 Salmon Battleship | 3 Prawn Tempura

Chef's Box | R185

4 Paul's Prawn | 4 tuna Crunch | 2 Salmon Nigiri

Hot Box | R170

2 Seared Spicy Tuna Roses | 4 Spicy Tuna California Rolls | 4 Wasabi Parcels

Bang Bang Box | R195

4 Salmon California Dreaming | 4 Tuna Crunch | 3 Salmon Sashimi

LUNCH BOXES

Chicken & Veg Box | R145

4 Veg California Rolls | 4 Crispy Chicken California | 4 KFC Rolls

Delicious Box | R195

4 Business End | 4 Salmon Rainbow Rolls | 2 Salmon Roses

Ritchie Box | R175

1 Salmon Hand roll | 3 Salmon Sashimi | 2 salmon Roses

Lennon Box (V) | R145

2 Veg Battleship | 4 Veg California Rolls | 4 Avo Rainbow Rolls

Monroe Box | R160

4 Tuna California | 4 Salmon Fashion Sandwiches | 2 Salmon Nigiri

Birdie Box | R140

4 Chicken Fashion Sandwiches | 4 Avo Maki | 4 Chicken California Rolls

Tarantino Box | R150

4 Spicy Salmon California | 4 Salmon Rainbow Rolls | 4 Avo Maki

PLATTERS

All You'll Need Platter - 20pc | R395

4 Salmon Roses | 4 Tuna Crunch | 4 Salmon Battleships | 4 Paul's Prawn | 4 Salmon & Cheese Fashion Sandwiches

Baddaboom Platter - 22pc | R370

6 Salmon Sashimi | 4 Mystery Rolls | 4 Salmon California Dreaming | 4 Dragon Rolls | 4 Salmon & Cheese California

Sashimi Platter

- 9 piece | R195 - 12 piece | R265

Godfather Platter - 48pc | R750

8 Salmon California Dreaming | 8 Dragon Rolls | 8 Volcano Rolls | 8 Paul's Prawn | 8 Tuna Crunch | 8 Mystery Rolls

Hunger Busta Platter - 20pc | R360

4 Salmon Roses | 4 Business End | 4 Philly Rolls | 4 Volcano Rolls | 4 Salmon Crunch

Piggy Platter - 32pc | R440

8 Salmon Rainbow | 8 Salmon Fashion Sandwich | 8 Avo Maki | 4 Prawn Tempura California | 4 Salmon Rose

Mother Platter - 32pc | R465

4 Salmon California Rolls | 4 Prawn California Rolls | 4 Salmon Rainbow Rolls | 4 Salmon Roses | 4 Tuna Crunch | 4 Prawn Nigiri | 4 Crab Maki | 4 Salmon & Cheese | Fashion Sandwiches



TAKE-AWAY MENU

SUSHI SUNDAY SPECIAL 16H00 - 20H00 **SIT-IN & TAKE-AWAY**
20% OFF LUNCH BOXES OR SUSHI PLATTERS

VEG TAPAS

Tiropita - 3 Piece | R65

3 Cheeses & herbs in phyllo pastry & oven baked

Spanakopita - 3 Piece | R65

Spinach, feta & herbs in phyllo pastry & oven baked

Melitzanes | R59

Fried brinjals, served with skordalia

Haloumi | R65

Traditional Cypriot cheese, grilled or fried

Feta Cashew | R75

Fried feta served with cashew nuts, honey & sesame seeds

SEAFOOD TAPAS

Oyster Platter

6 - R160 | 12 - R280 | 24 - R480
Medium cultivated oysters

Mussels | R85

Served in a creamy garlic, lemon & herb sauce

Calamari | R95

Grilled or fried, served with a lemon butter sauce

Kingklip | R118

Succulent kingklip fillets grilled to perfection & topped with roasted tomatoes, olives & feta

Prawns | 6 - R135 | 12 - R250

Queen prawns served with feta & garlic or lemon butter sauce

SALADS

Traditional Greek Salad | S - R65 L - R85

Lettuce, tomato, cucumber, olives, danish feta & onions

Calamari Salad | S - R75 L - R135

Grilled calamari, on a bed of garden greens with cucumber, cherry tomatoes, carrot & feta slice, accompanied with warm pita slices & creamy mayo dressing

SIDES

Chips | R35

Hand cut

Grilled Vegetables | R35

Seasonal vegetables, grilled to perfection in olive oil & herbs

Oven Potatoes | R35

Traditional Greek potato wedges, oven grilled with olive oil & lemon

Spanakorizo | R35

A tasty blend of rice, spinach, tomato, onion & mushrooms

Plain Rice | R35

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CHEF RECOMMENDATIONS

Calamari in Pita | R120

Fried calamari, served with chopped onion, tomatoes, cucumber & taramosalata

Smoked Salmon Open Pita | R135

Flat, homemade pita bread, topped with shaved cucumber, avo, smoked salmon, sesame seeds & cream cheese, drizzled with mayo dressing

Prawns Prawns Prawns! | R215

6 King prawns, topped with feta & garlic or lemon butter, served with chips

Whole Fish Grilled | R210

Served with grilled vegetables & oven potatoes

Santorini Sole | R165

Grilled sole, served with spanakorizo & oven potatoes

Baby Kingklip | R255

Grilled, served with spanakorizo

Hake & Chips | R120

Grilled or fried hake fillet served with chips

T-Bone - 400g | R180 or 600g | R210

Served with oven potatoes & creamy mushroom sauce

Greek Burger | R120

Greek patty stuffed with feta, served with tzatziki sauce & chips

Greek Pork Ribs | R200

500g Pork ribs served with chips

Seafood Platter for 2 | R445

Mussels, pita bread, calamari, kingklip, prawns & chips

DESSERT

Pasteis da nata | R20 each - 6 for R100

Baked Portuguese custard tart

Ice Cream with Bar One Sauce | R37

One scoop

Baklava | R65

Nuts layered in phyllo pastry & smothered in syrup

KIDS MENU

CHICKEN STRIPS & SIDE | R65

FISH BITES & SIDE | R60

Homemade

CALAMARI & SIDE | R85

SUSHI

CALIFORNIA ROLLS 4 PIECE

A California Roll aka Inside-out Roll, is a roll with the rice on the outside & nori (seaweed) on the inside with cucumber, avocado & one of our delicious fillings.

Salmon - R58

Spicy Salmon - R58

Smoked Salmon - R56

Salmon & Cheese - R65

Tuna - R58

Spicy Tuna - R58

Prawn - R58

Prawn Tempura - R65

Crab - R50

Crispy Chicken - R50

Veg - R50

FASHION SANDWICH 4 PIECE

Similar to The California Roll with rice on the outside, but Rectangular. Your favourite filling, contained by nori on either side, covered by a layer of rice & coated in sesame seeds.

Salmon & Cheese - R69

Salmon - R62

Spicy Salmon - R62

Smoked Salmon - R62

Tuna - R62

Spicy Tuna - R62

Prawn - R62

Crab - R54

Crispy Chicken - R54

Veg - R54

HAND ROLLS 1 PIECE

Traditional sushi ingredients contained in a cone of nori. They are called hand rolls because they are made 'by hand' as opposed to with a makisu, the small bamboo mat used to roll maki rolls.

Salmon - R55

Spicy Salmon - R55

Tuna - R55

Spicy Tuna - R55

Prawn - R55

Prawn Tempura - R59

Crab - R47

Crispy Chicken - R47

Veg - R47

MAKI 4 PIECE

Maki aka MakiZushi basically means "Rolled Sushi". Rice wrapped in Nori (Seaweed) with one filling.

Salmon - R45

Tuna - R45

Prawn - R45

Avo - R37

Crab - R37

Cucumber - R34

RAINBOW ROLL 4 PIECE

Similar to the California roll but with extra strips of fish & avocado across the top, giving it a "rainbow" effect.

Salmon - R65

Tuna - R65

Avo - R55

Salmon, - R72

Cream Cheese & Strawberry

NIGIRI 2 PIECE

A slice of fish or crab on top of a small bed of rice, also the most common form of sushi outside Japan.

Salmon - R56

Tuna - R56

Prawn - R56

Crab - R48

ROSES 2 PIECE

Reversing the traditional order of maki, fish is wrapped around a small core of rice, topped with mayonnaise & caviar.

Salmon - R65

Tuna - R65

Seared Spicy Tuna - R65

Seared Spicy

Salmon - R65

SASHIMI 3 PIECE

A Japanese delicacy of very fresh, thin slices of raw fish, with a spicy option.

Salmon - R70

Spicy Salmon - R70

Tuna - R70

Spicy Tuna - R70

SUSHI CAKES

WE CATER!

Spoil your guests with a custom made platter or sushi cake at your next event!

Give us a shout at info@toulas.co.za & we will tailor the perfect package for you!



CHEF'S CHOICES

Philly Roll - 4pc | R55

Cream Cheese & Avo California roll, topped with smoked salmon & sesame seeds

Paul's Prawn - 4pc | R80

Prawn California Roll topped with half a tempura prawn smothered in tangy mayo

Salmon Crunch - 4pc | R80

Deep fried Salmon, Avo & Cucumber California roll, topped with spicy mayo, sesame seeds, spring onion & sweet chilli sauce

Mystery Roll - 4pc | R57

Deep fried Smoked salmon, cream cheese & Avo California Roll, topped with Spring onion & 7 spice

Wasabi Parcel - 4pc | R68

3 Layers of Wasabi, Salmon, Mayo & Seaweed topped with Mayo & Caviar

Tuna Crunch - 4pc | R68

Deep fried tempura tuna california roll rolled in breadcrumbs & deep fried again, topped with mayo & sweet chilli sauce

Salmon California Dreaming - 4pc | R68

Spicy Salmon & Avo California roll, wrapped with salmon & Avo, topped with spicy mayo, caviar, spring onion & Teriyaki sauce

Executive California Roll - 4pc | R78

Salmon & Avo California roll, topped with Tempura Prawn, Avo, Mayo & Caviar

Spring Rolls - 2pc

2 Deep fried spring rolls served with sweet chilli sauce
Chicken - R25
Veg - R20

Battleships - 2pc

Avo, rice & mayo wrapped in a tofu pocket with a filling of your choice
Salmon - R60
Prawn - R60
Crab - R46
Crispy Chicken - R46
Veg - R46

The Whole 9 Yards - 4pc | R80

Prawn & Avo California roll, wrapped with Salmon & Tuna, topped with Mayo, Caviar, sesame seeds & Teriyaki sauce

Spicy Mayo Prawn - 4pc | R90

Spicy Prawn California Roll, topped with a prawn smothered in spicy mayo, teriyaki sauce & spring onion

Dragon Roll - 4pc | R80

Prawn Tempura & Avo California Roll, topped with Salmon, Avo & Nori strips, smothered with yummy sauce, mayo, sprinkled with crunches & sesame seeds

Prawn & Salmon Deluxe roses - 2pc | R65

Salmon Roses dressed in Teriyaki sauce, topped with half a Tempura Prawn & drenched with Tangy mayo